

May 2021

# The Sunnysider

[www.sunnysidecare.ca](http://www.sunnysidecare.ca)



## Guidelines for Outdoor Family Visits...

Please take note of the following steps

- ◆ All visits **must be booked in advance through the Recreation Team (306)653- 1267 ex. 140**
- ◆ **A medical grade mask is REQUIRED for the ENTIRE length of the visit.** We will provide you with a new one when you arrive.
- ◆ Screening questionnaire & temperature check will be done prior to the visit, so please come 5 mins early.
- ◆ The visit will only be 30 minutes long.  
1 visit per resident per week. This is because we need to monitor the residents for signs and symptoms after an outside visit
- ◆ 4 Visitors max. per visit (must be from the same household). This is required so we are not breaking the current public health order.
- ◆ No children (under 10 years old) or pets are allowed at this time.
- ◆ No food or drinks are allowed to be consumed by the visitor during the visit as they are required to wear their mask the **WHOLE** time. However, they are allowed to bring something for the resident to enjoy during the visit (ie coffee).
- ◆ If the weather is unfavorable, the visit may be switched to a window visit, video chat, or rescheduled. We will contact you if this is the case.
- ◆ Visits will be held on the front patio, you will not be able to enter the home or have access to a washroom.
- ◆ The visiting area has been arranged in order to keep the physical distance of at least two metres. Please comply which means no hugging, touching, etc.
- ◆ If you need to cancel for whatever reason, please call the Rec office ASAP.
- ◆ Please do not visit if you are experiencing any respiratory or GI symptoms, even mild symptoms. Please call to reschedule in advance if you are not feeling well.

*Thank you for your patience and understanding during these ever changing times!!*

## Screening for Indoor Family Visits...

### Please take note of the following steps

- ◆ All visits **must be booked in advance through the Recreation Department (306)653-1267 ex. 140**
- ◆ Limit of one visit per day per resident. Maximum 2 visitors must be from the same household aged 10 or older. Please be sure to plan with other family households to allow everyone a chance to visit.
- ◆ Duration of the visit up to 45 minutes.
- ◆ Screening questionnaire and temperature check will be done prior to the visit.
- ◆ You will be given a medical grade mask to wear the **ENTIRE TIME**.
- ◆ All visits will take place in a private room we have set up. Please park in our south side parking lot in reserved spots for family. Come to our court yard via the gate on the south side of our property and follow the green fence to our visiting area.
- ◆ Leave everything not needed in the vehicle (purses, jackets, etc)
- ◆ No food or drink to be consumed by visitors during the visit, as your mask must be worn the **ENTIRE TIME**.
- ◆ Besides our visiting room, there will be no other access to Sunnyside during your visit including **no access to a washroom.**
- ◆ Personal items & gifts have to be sanitized before they can receive them. Please give any items to our Recreation staff member.
- ◆ No pets
- ◆ Visits will be cancelled if the resident is sick / not feeling well, if there is sickness outbreak at Sunnyside, for this video chats is an option. At the same time, if you are feeling sick or experiencing symptoms, please call to cancel then call the Health Line 811.

*Thank you for your patience and understanding during these ever changing times!!*



## May Birthdays

---



To all the amazing Mother's  
Happy Mother's Day  
Sunday May 9!!

### Chaplain's Corner By Conrod Spence

Centuries ago God did one of the most spectacular event of all times when he miraculously released the Israelites from Egyptian bondage and guided them to the land of Canaan. A careful review of the biblical narrative shows that not only did the Israelites demonstrate ingratitude to God, but there are clear instances when they blatantly rebelled against God and decided that it was either their ways or they were done with God. Interestingly though, God's love for them never waned even in their most rebellious moments. Speaking of God's constant love and care towards Israel the prophet Nehemiah wrote: "yet thou in thy manifold mercies forsookest them not in the wilderness: the pillar of the cloud departed not from them by day, to lead them in the way; neither the pillar of fire by night, to shew them light, and the way wherein they should go. Neh. 9:19.

One important aspect of God's love for people is that he consistently cares for people regardless of who they are and where they have been. As the days of May silently march along I hope that God will steadily guide you along and graciously demonstrate His great love and mercy in your life. My desire is that God will be so merciful and benevolent towards you and grant you favors you are undeserving of. May God lavish His Grace on you so abundantly that you will run out of space to contain your blessings.

# May 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>Regarding Outings...</b>  <b>Please come talk to the Rec. Team</b>  <b>if you are interested.</b></p>					<p><b>1</b>            Coffee Time 10:00            One to One Visits            2:00</p>
<p><b>2</b>            Coffee Time 10:00            Small Group Program            2:00</p>	<p><b>3</b>            Morning Stretches            10:00            Movie 2:00            Table Games 6:15</p>	<p><b>4</b>            Good Morning            Sunnyside 10:00            Bingo 2:00            Sing Along 6:15</p>	<p><b>5</b>            Good Morning            Sunnyside 10:00            Games 2:00            Bingo 6:15</p>	<p><b>6</b>            Good Morning            Sunnyside 10:00            Patio Activities 2:00            Trivia 6:15</p>	<p><b>7</b>            Fitness Fun 10:00            Social 2:00            Vespers 6:15</p>	<p><b>8</b>            Coffee Time 10:00            One to One Visits            2:00</p>
<p><b>9</b>            Coffee Time 10:00            Small Group Program            2:00</p>	<p><b>10</b>            Morning Stretches            10:00            Movie 2:00            Table Games 6:15</p>	<p><b>11</b>            Good Morning            Sunnyside 10:00            Bingo 2:00            Sing Along 6:15</p>	<p><b>12</b>            Good Morning            Sunnyside 10:00            Catholic Mass 2:00            Bingo 6:15</p>	<p><b>13</b>            Good Morning            Sunnyside 10:00            Patio Activities 2:00            Trivia 6:15</p>	<p><b>14</b>            Fitness Fun 10:00            Social 2:00            Vespers 6:15</p>	<p><b>15</b>            Coffee Time 10:00            SDA Church Service            3:00</p>
<p><b>16</b>            Coffee Time 10:00            Small Group Program            2:00</p>	<p><b>17</b>            Morning Stretches            10:00            Movie 2:00            Table Games 6:15</p>	<p><b>18</b>            Good Morning            Sunnyside 10:00            Bingo 2:00            Sing Along 6:15</p>	<p><b>19</b>            Good Morning            Sunnyside 10:00            Outing 1:30            Bingo 6:15</p>	<p><b>20</b>            Good Morning            Sunnyside 10:00            Patio Activities 2:00            Fire Pit 6:15</p>	<p><b>21</b>            Fitness Fun 10:00            Social 2:00            Vespers 6:15</p>	<p><b>22</b>            Coffee Time 10:00            SDA Church Service            3:00</p>
<p><b>23</b>            Coffee Time 10:00            Small Group Program            2:00</p>	<p><b>24</b>            Morning Stretches            10:00            Movie 2:00</p>	<p><b>25</b>            Good Morning            Sunnyside 10:00            Bingo 2:00            Sing Along 6:15</p>	<p><b>26</b>            Good Morning            Sunnyside 10:00            Outing 1:30            Catholic Mass 2:00            Bingo 6:15</p>	<p><b>27</b>            Good Morning            Sunnyside 10:00            Patio Activities 2:00            Fire Pit 6:15</p>	<p><b>28</b>            Fitness Fun 10:00            Social 2:00            Vespers 6:15</p>	<p><b>29</b>            Coffee Time 10:00            SDA Church Service            3:00</p>
<p><b>30</b>            Coffee Time 10:00            Small Group Program            2:00</p>	<p><b>31</b>            Morning Stretches            10:00            Movie 2:00            Table Games 6:15</p>	<p><b>All Recreation programs are subject to            change throughout the month. Please            check the Recreation white board daily            for changes.</b></p>				