

March 2021

The Sunnysider

www.sunnysidecare.ca



**It's official we
got the keys!!**

**Thank you Aaron
from Golden
Mobility for
delivering the bus!**

**We are excited to announce Sunnyside has purchased a wheelchair bus!!
This means we can go on outings and explore our beautiful city. While we
understand we are limited to going for drives at this point, at least our
residents can get out for a bit!!**

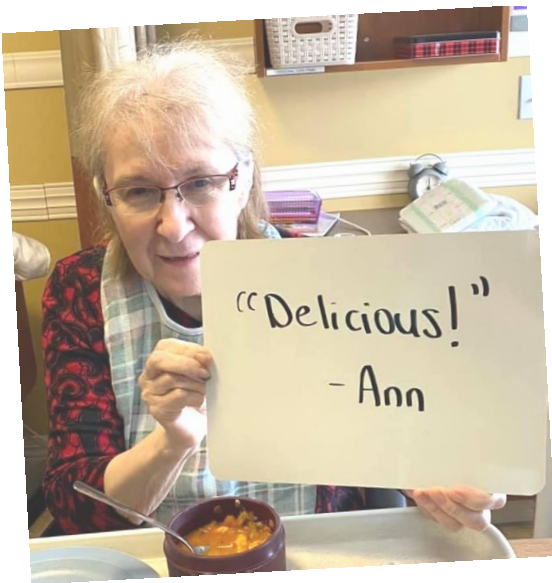
**We are asking for donations to help with the purchase, operating costs,
and decaling.**

For more information please contact Conrod Spence (306)653—1267 ex. 137

**To make a donation please contact Roger Taer (Main Office)
(306)653—1267 ex.121
Taer (main office)**

**Or visit our website
www.sunnysidecare.ca**





Some highlights from the month included...

We got to participate in the Winter Shines Soup Cook Off!!

Loralee celebrated a milestone Birthday! 50 years young!!

We capped the month off with our Tropical Carnival!



Staff

March Birthdays

Residents

Habte Woldu	02
Heitor Machado	03
Lori Ploughman	06
Terry Redford	08
Miyako Dutertre	11
Marie Celyne Argos	11
Meckenzie Dekker	12
Heather Genkins	12
Julieta Balderama	16
Maria DeSa	17
Rafaella Sakai Guerra	18
Lily Bustillo	18
Amy Schwab	19
Adriane Enriquez	19
Baldwin Bawal	21
Carmen Thompson	23
Marcia Humenny	31
Don MacFarlane	31

Doris Alm	01
Maxine McLean	13
Jane Rundberg	15
Elaine Stephens	17

**HAPPY
ANNIVERSARY**

Sydney & Beatrice Hill—61 years March 11
Maxine & Bob McLean—59 years March 31

Chaplain's Corner By Conrod Spence

Many years ago I met a senior citizen who felt that she was so old that she had no purpose in life. Day after day she would complain about her uselessness and express her desire to be put out of her misery. Repeatedly I would tell her how warm, winsome, and wonderful her smile was. After some time my kind compliments along with encouragement from others positively influenced her perspective of life.

Life may not seem fair and you may have many reasons like my senior friend to complain and worry, however, there are still many reasons that you have to smile. This month I ask you to reflect and do some introspection on how merciful and loving God has been to you. Take some time to concentrate on how blessed you are to be alive. Take time to treasure the good times you have celebrated with family and friends. Take time to sip from the half full cup of life, rather than complain that the cup is half empty. Take time to savor the wonderful privileges that God has extended to you. Take time to smile and share the love and joy around because you are the recipient of God's faithfulness and his unconditional and life transforming love. The Lord is compassionate and merciful, slow to get angry and filled with unfailing love. Ps. 103:8. Life's most amazing reality is that amid your broken dreams and shattered lives God loves you unconditionally.



March 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	Morning Stretches 10:00 Movie 2:00 Table Games 6:15	Good Morning Sunnyside 10:00 Bingo 2:00 Sing Along 6:15	Good Morning Sunnyside 10:00 Games 2:00 Bingo 6:15	Good Morning Sunnyside 10:00 Virtual Concert 2:00 Trivia 6:15	Fitness Fun 10:00 Social / Canteen Cart 2:00 Vespers 6:15	Small Group Program 10:00 SDA Church Service 3:00
7	8	9	10	11	12	13
Small Group Program 10:00 Small Group Program 2:00	Morning Stretches 10:00 Movie 2:00 Table Games 6:15	Good Morning Sunnyside 10:00 Bingo 2:00 Sing Along 6:15	Good Morning Sunnyside 10:00 Catholic Mass 2:00 Bingo 6:15	Good Morning Sunnyside 10:00 Virtual Tour 2:00 Trivia 6:15	Fitness Fun 10:00 Social / Canteen Cart 2:00 Vespers 6:15	Small Group Program 10:00 SDA Church Service 3:00
14	15	16	17	18	19	20
Small Group Program 10:00 Small Group Program 2:00	Morning Stretches 10:00 Movie 2:00 Table Games 6:15	Good Morning Sunnyside 10:00 Virtual Concert 2:00 Sing Along 6:15	Good Morning Sunnyside 10:00 St. Patrick's Day Party 2:00 Bingo 6:15	Good Morning Sunnyside 10:00 Bingo 2:00 Trivia 6:15	Fitness Fun 10:00 Social / Canteen Cart 2:00 Vespers 6:15	Coffee Time 10:00 SDA Church Service 3:00
21	22	23	24	25	26	27
Coffee Time 10:00 Small Group Program 2:00	Morning Stretches 10:00 Movie 2:00 Table Games 6:15	Good Morning Sunnyside 10:00 Bingo 2:00 Sing Along 6:15	Good Morning Sunnyside 10:00 <i>Small Group Outing 1:00</i> Catholic Mass 2:00 Bingo 6:15	Good Morning Sunnyside 10:00 Virtual Tour 2:00 Trivia 6:15	Fitness Fun 10:00 Social / Canteen Cart 2:00 Vespers 6:15	Coffee Time 10:00 SDA Church Service 3:00
28	29	30	31	<p style="text-align: center;">Attention Residents...Regarding outings groups will be small. Please Check with the Rec. Team for details.</p>		
Coffee Time 10:00 Small Group Program 2:00	Morning Stretches 10:00 Movie 2:00 Table Games 6:15	Good Morning Sunnyside 10:00 Bingo 2:00 Sing Along 6:15	Good Morning Sunnyside 10:00 <i>Small Group Outing 1:00</i> Catholic Mass 2:00 Bingo 6:15			