

July 2021

The Sunnysider

www.sunnysidecare.ca



Congratulations Lorrie on your retirement, we wish you all the best!!



Betty White and her four chicks are with us for the summer.

**This beautiful horse came to visit us!!
Thank you!!**



Rider Friday's are returning, Friday August 6!!

You know the drill...Wear green or Rider wear every Friday!

Enter the draw to win some great prizes!!

"Caring for one another as Christ would"

Screening for Indoor & Outdoor Family Visits...

Please take note of the following steps

- ◆ All visits **must be booked in advance through the Recreation Department (306)653-1267 ex. 140**
- ◆ Maximum 4 visitors Inside aged 10 or older. Outside visits up to 9 visitors.
- ◆ Duration of the visit up to 30 minutes.
- ◆ Screening questionnaire and temperature check will be done prior to the visit.
- ◆ You will be given a medical grade mask to wear the **ENTIRE TIME**.
- ◆ All visits will take place in a private room we have set up. Please park in our south side parking lot in reserved spots for family. Come to our court yard via the gate on the south side of our property and follow the green fence to our visiting area.
- ◆ Leave everything not needed in the vehicle (purses, jackets, etc)
- ◆ No food or drink to be consumed by visitors during the visit, as your mask must be worn the **ENTIRE TIME**.
- ◆ Besides our visiting room, there will be no other access to Sunnyside during your visit including **no access to a washroom**.
- ◆ Personal items & gifts have to be sanitized before they can receive them. Please give any items to our Recreation staff member.
- ◆ No pets
- ◆ Visits will be cancelled if the resident is sick / not feeling well, if there is sickness outbreak at Sunnyside, for this video chats is an option. At the same time, if you are feeling sick or experiencing symptoms, please call to cancel then call the Health Line 811.

Thank you for your patience and understanding during these ever changing times!!



Elaine & John Capcara

57 yrs, July 15

Sylvia & Bryan Drager

41 yrs, July 19

Sheila & Iain Smith

62 yrs, July 31

Sending love and good wishes to some of our very favorite people, Congratulations!!



July Birthdays



Henry Schock 01

Helen Mamer 17

Mike Sadoway 25

Inger Grieve 08

Ann Zaporozen 22

Randy Martin 27



Chaplain's Corner By Conrod Spence

Dannika Dark in her book "The Vow" suggests that "sometimes a wolf has to stand alone to find out what he's made of." If you feel like the lone wolf, don't allow depression and doubt to erode your confidence and sap your energy because when it appears that your standing alone God is there with you. The ancient apostle Paul stood like a lone wolf at his trial before Emperor Nero, but discovered that while earthly companions were absent, the omnipotent God stood by him. Writing to Timothy in his second epistle to him Paul states: "at my first answer no man stood with me, but all men forsook me... Notwithstanding the Lord stood with me, and strengthened me; that by me the preaching might be fully known, and that all the Gentiles might hear: and I was delivered out of the mouth of the lion." 2 Tim. 4:16, 17.

As you face the challenges of life, face them believing that God has the power to deliver you from imminent danger, grace to sustain you in your darkest moments, and He will stand with you through all the vicissitudes of life. If God is standing with you, nothing or no one can stand against you. Have a joyful July!

JULY 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All Recreation programs are subject to change throughout the month. Please check the Recreation white board daily for changes.</p>				<i>1</i>	<i>2</i>	<i>3</i>
				Coffee Time 10:00 <i>Canada Day Party</i> 2:00	Walk & Roll 10:00 Social 2:00 Small Group Program 6:15	Coffee Time 10:00 SDA Church Service 3:00
<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>
Coffee Time 10:00 Small Group Program 2:00	Morning Stretches 10:00 Movie 2:00 Table Games 6:15	Good Morning, Sunnyside 10:00 Bingo 2:00 Sing Along 6:15	Good Morning, Sunnyside 10:00 Catholic Mass 2:00 Bingo 6:15	Good Morning, Sunnyside 10:00 <i>Outdoor Concert "Just Us" 2:00</i> BBQ 4:30 Fire Pit 6:15	Walk & Roll 10:00 Social 2:00 Small Group Program 6:15	Coffee Time 10:00 SDA Church Service 3:00
<i>11</i>	<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>
Coffee Time 10:00 Small Group Program 2:00	Morning Stretches 10:00 Movie 2:00 Table Games 6:15	Good Morning, Sunnyside 10:00 Bingo 2:00 Sing Along 6:15	Good Morning, Sunnyside 10:00 Fresh Fruit 2:00 Bingo 6:15	Good Morning, Sunnyside 10:00 Patio Activities 2:00 BBQ 4:30 Fire Pit 6:15	Walk & Roll 10:00 Social 2:00 Small Group Program 6:15	Coffee Time 10:00 SDA Church Service 3:00
<i>18</i>	<i>19</i>	<i>20</i>	<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>
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<i>25</i>	<i>26</i>	<i>27</i>	<i>28</i>	<i>29</i>	<i>30</i>	<i>31</i>
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