

January 2021

The Sunnysider

www.sunnysidecare.ca



Big thanks to Wendy G. for bringing the Pathfinders to carol, spreading some much needed Christmas cheer.

"Caring for one another as Christ would"



Mobile Sensory Station

Our wish item for this year is this sensory cart...

Beneficial to many different residents with varying abilities for a variety of purposes. By using certain objects, sensory stimulation can help seniors who are struggling to communicate.

However, in order to purchase one of these Sensory Carts we are asking for your help

Total = \$ 8,000

For more information please contact the Recreation Team

(306) 653—1267 ex. 140

To make a donation please contact Roger Taer (Main Office)

(306)653—1267 ex.121



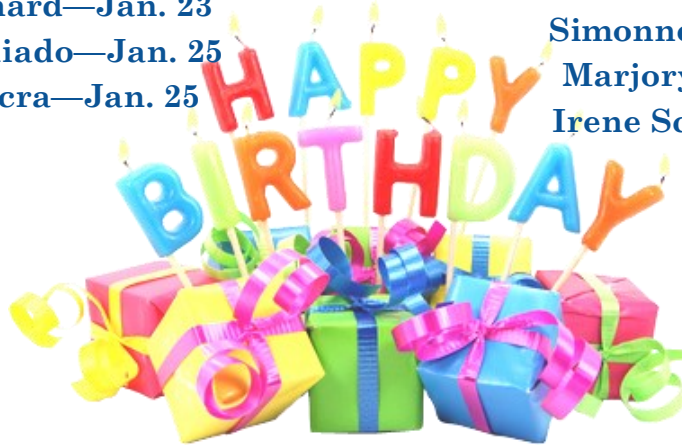
Big thanks to Conrod, our Maintenance team, to our families and friends in the community who donated decorations.

You helped make Christmas brighter!!!



Nieves Canilang—Jan. 07
Alyssa Glover— Jan. 13
Marcos De Paula—Jan. 18
April Perido—Jan. 22
Adreinne Richard—Jan. 23
Leslee Pe Tornado—Jan. 25
Katherine Lacra—Jan. 25

Stuart Thiesson—Jan. 01
Bill Housen—Jan. 02
Doreen Bowering—Jan. 16
Vin Grindon—Jan. 18
Edna McCawley—Jan. 20
Simonne Beallie—Jan. 21
Marjory Smith—Jan. 23
Irene Schreiner—Jan. 23



Chaplain's Corner
By Conrod Spence

On the afternoon of Saturday December 26, 2020 I called a friend of mine to inquire about a colleague and his daughter who were kidnapped by unknown assailants on the Haitian side of the Island of Santa Domingo. Curious to find out what was happening and concerned about the safe return of the individuals who were held against their will we decided to have a prayer vigil that night from 11: 30 pm to 5:00 am on Sunday morning. During the vigil we sang, prayed and sought Gods intervention. Sunday came and went and no news came back from the negotiators on the ground. Late on Monday the December 28, 2020 news emerged that the kidnappers had released their victims unscratched.

As I sat to digest the news I started texting friends and colleagues to celebrate with me the exciting news that our prayers had been answered. Looking back at the past year many of us have somehow felt robbed of our freedom to breathe and exhale and the ability to mix and mingle, however, with this New Year there is a sense hope and optimism. As 2021unfurls its pages and sets in motion a new course of history, I believe the best is yet to come. “Although no one can go back and make a brand new start, anyone can start from now and make a brand new ending.”

As I contemplate the miraculous delivery of my pastoral colleague I am more than convinced that we can defy all odds in 2021. I know that with determination we will have a memorable, rewarding and fulfilling 2021. I believe that amidst the hustle & bustle, amidst the noise and commotion, God will fill you up with the goodies of peace, joy, happiness and contentment and my prayer is that you will run out of room to contain the rich blessings of health and wellness. May 2021 be your best year yet.

JANUARY 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Attention Residents</p> <p>All programs are subject to change, please check the Daily White Board for changes. Come talk to Rec. Team for updates.</p>				<p>1</p> 	<p>2</p> <p>Small Group Program 10:00</p> <p>SDA Church Service 3:00</p>
<p>3</p> <p>Small Group Programs</p>	<p>4</p> <p>Morning Stretches 10:00</p> <p>Movie 2:00</p> <p>Table Games 6:00</p>	<p>5</p> <p>Brain Teasers 10:00</p> <p>Bingo 2:00</p> <p>Sing Along 6:00</p>	<p>6</p> <p>Small Group Program 10:00</p> <p>Games 2:00</p> <p>Bingo 6:15</p>	<p>7</p> <p>Small Group Program 10:00</p> <p>Virtual Tour 2:00</p> <p>Trivia 6:15</p>	<p>8</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p>	<p>9</p> <p>Small Group Program 10:00</p> <p>SDA Church Service 3:00</p>
<p>10</p> <p>Small Group Programs</p>	<p>11</p> <p>Morning Stretches 10:00</p> <p>Movie 2:00</p> <p>Table Games 6:00</p>	<p>12</p> <p>Brain Teasers 10:00</p> <p>Bingo 2:00</p> <p>Sing Along 6:00</p>	<p>13</p> <p>Small Group Program 10:00</p> <p>Catholic Mass 2:00</p> <p>Bingo 6:15</p>	<p>14</p> <p>Small Group Program 10:00</p> <p>Virtual Concert 2:00</p> <p>Trivia 6:15</p>	<p>15</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p>	<p>16</p> <p>Small Group Program 10:00</p> <p>SDA Church Service 3:00</p>
<p>17</p> <p>Small Group Programs</p>	<p>18</p> <p>Morning Stretches 10:00</p> <p>Movie 2:00</p> <p>Table Games 6:00</p>	<p>19</p> <p>Brain Teasers 10:00</p> <p>Bingo 2:00</p> <p>Sing Along 6:00</p>	<p>20</p> <p>Small Group Program 10:00</p> <p>Games 2:00</p> <p>Bingo 6:15</p>	<p>21</p> <p>Small Group Program 10:00</p> <p>Virtual Tour 2:00</p> <p>Trivia 6:15</p>	<p>22</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p>	<p>23</p> <p>Small Group Program</p> <p>SDA Church Service 3:00</p>
<p>24</p> <p>Small Group Programs</p>	<p>25</p> <p>Morning Stretches 10:00</p> <p>Movie 2:00</p> <p>Table Games 6:00</p>	<p>26</p> <p>Brain Teasers 10:00</p> <p>Bingo 2:00</p> <p>Sing Along 6:00</p>	<p>27</p> <p>Small Group Program 10:00</p> <p>Catholic Mass 2:00</p> <p>Bingo 6:15</p>	<p>28</p> <p>Small Group Program 10:00</p> <p>Virtual Concert 2:00</p> <p>Trivia 6:15</p>	<p>29</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p>	<p>30</p> <p>Small Group Program</p> <p>SDA Church Service 3:00</p>
<p>31</p> <p>Small Group Programs</p>						