

July 2020

The Sunnysider

www.sunnysidecare.ca



Screening for Outdoor Family Visits...

Please take note of the following steps

- ◆ All visits **must be booked in advance through the Recreation Department** (306) 653-1267 ex.140
- ◆ Screening questionnaire & Temperature check.
- ◆ 2 Visitors Max. per visit
- ◆ No children or pets are allowed at this time.
- ◆ Visits are limited to 30 minutes max.
- ◆ You are encouraged to wear a mask during your visit, if you don't have one we will provide a mask.
- ◆ Visits will be rescheduled if weather is unfavourable.
- ◆ Visits will be held on the front patio; **you will not be able to enter the home or have access to a washroom.**
- ◆ The visiting area has been arranged in order to keep the physical distance of at least two metres; please comply no hugging, touching, etc.

Thank you for your cooperation during these ever changing times!!



Above—Jean helping water the plants



Right—We finally had a nice evening for our BBQ!!

"Caring for one another as Christ would"

Chaplain's Corner

By Conrod Spence

One of life's most perplexing questions is where God is when I am faced with challenges. I sometimes ponder the deep question of why do we experience pain and suffering and why would an intelligent God allow his creatures to experience so many issues that are complex and complicated. If you are faced with a similar question and are concerned with finding alleviation from your physical and mental pain you are not alone, however, in my quest I've found the answer.

Your question could be where God is in my senior years? Maybe you are wondering is life worth living if this is all it amounts to. As you contemplate the issues of life let me assure you that we live in a fractured world, a world marred by sin. Romans 5: 12. Sin has brought devastating consequences, eg: pain, suffering and loss but there is indeed a solution to the human dilemma. 1 Corinthians 15: 21, 22.

From a Biblical perspective, God has resolved the dilemma of sin when Jesus the God-man died on a cross but triumphantly emerged glorified from the fetters of death and the grave. Because of the death and resurrection of Jesus the problem of sin, aging and even death has been resolved and those who accept Christ as Lord and Savior will receive forgiveness, peace and ultimately a new life filled with vigor vim, and vitality. As you struggle with the issues of life let me assure you that the God, who created the universe and keeps it in its place, will one day reward those who trust in him with life eternal in a world where suffering and pain will be no more. Revelation 21: 1-5. Your question about life and its complex and complicated web may never be solved in this life but because of Calvary's cross one day the mystery of mysteries will unfold and the question of seniority and aging will be eclipse by vivacious youthfulness. Let's pray that that day comes quickly!



Anniversaries in July

Doreen (Elaine) & John Capcara 56 years July 15

Marguerite & Dan Chura 71 years July 17

Sylvia & Bryan Drager 40 years July 19

Sheila & Ian Smith 61 years July 31

Staff

July Birthdays

Residents

| | |
|------------------------|----|
| Adriana Cruz | 02 |
| Nichole deMoissac | 05 |
| Stella Adelola | 06 |
| Jackquile Mariano | 07 |
| Daniel Cartagina | 15 |
| Monia Lansangan—Polina | 19 |
| Tanya Schebel | 20 |
| Rodalyn Rodriguez | 21 |
| Jo Ann Lopez | 22 |
| Sandra Lasiuk | 27 |
| Charlotte Domingo | 29 |



| | |
|---------------|----|
| Henry Schock | 01 |
| Pearl Koroluk | 04 |
| Inger Grieve | 08 |
| Helen Mamer | 17 |
| Ann Zaporozen | 22 |
| Mike Sadoway | 25 |



Glenda’s Jottings
By Glenda—mae Greene

Summer was upon us. The heat was intense. Somehow it triggered my senses into overload. The warmth--at least 25C—wrapped itself around us in a sensory embrace. We hear the rain pelting down on the ground, and I could hear both the thunder and see the lightning bolts across the dark sky.

I smiled with the Pathfinders (a Seventh-day Adventist sponsored youth group) and other gardeners as they planted potatoes, corn, carrots, and squash to fill our hungry stomachs in fall. A gastronomic delight awaited us.

Tierra, the pretty young woman who manicured the lawns so perfectly, brought a basket of red and yellow petunias and hung it outside our window one day. Mom and I also enjoyed the multicolored purple petunias, the pink, red and yellow begonias which charmed us. When those beauties were transferred into the oversize ombre painted pots—almost prettier than the flowers they contained, we couldn’t help praising God. We saw brilliant beauty in the pink freesias. But gone were the purple irises I loved so well. I saw them as the harbingers of spring. Dark red roses and dusky pink ones, stand erect, spreading their fragrance in the sultry air.

Turning another corner—and there are several on this 15 acre property—I stroked the smooth cherry tomatoes, ripening on the vines. I saw the white, and the dark red roses, standing erect beside pretty pink ones. And there were several in that part of the garden.

In the background were the red-breasted robins, chirping chickadees, plump pigeons, tiny sparrows and tricky magpies I often heard. I also saw the rabbit at least three of my resident friends had told me about.

Summer is the time when vibrant flora and alluring fauna compose a majestic symphony in the blistering heat.

JULY 2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|---|---|---|
| <p>Attention Residents... Regarding weekly BBQ's please check with Recreation Team for details.</p> | | | <p>1</p> <p>Good Morning Sunnyside 10:00</p> <p>Bingo 2:00</p>  | <p>2</p> <p>Good Morning Sunnyside 10:00</p> <p>Resident Council 2:00</p> <p>BBQ 4:30</p> <p>Fire Pit 6:30</p> | <p>3</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p> | <p>4</p> <p>Coffee Time 10:00</p> <p>SDA Church Service 3:00</p> |
| <p>5</p> <p>Coffee Time 10:00</p> <p>Small Group Program 2:00</p> | <p>6</p> <p>Morning Stretches 10:00</p> <p>Table Games 2:00</p> <p>Movie 6:15</p> | <p>7</p> <p>Good Morning Sunnyside 10:00</p> <p>Bingo 2:00</p> <p>Sing Along 6:30</p> | <p>8</p> <p>Good Morning Sunnyside 10:00</p> <p>Catholic Mass 2:00</p> <p>Bingo 6:15</p> | <p>9</p> <p>Good Morning Sunnyside 10:00</p> <p>Resident Council 2:00</p> <p>BBQ 4:30</p> <p>Fire Pit 6:30</p> | <p>10</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p> | <p>11</p> <p>Coffee Time 10:00</p> <p>SDA Church Service 3:00</p> |
| <p>12</p> <p>Coffee Time 10:00</p> <p>Small Group Program 2:00</p> | <p>13</p> <p>Morning Stretches 10:00</p> <p>Table Games 2:00</p> <p>Movie 6:15</p> | <p>14</p> <p>Good Morning Sunnyside 10:00</p> <p>Bingo 2:00</p> <p>Sing Along 6:30</p> | <p>15</p> <p>Good Morning Sunnyside 10:00</p> <p>Patio Activities 2:00</p> <p>Bingo 6:15</p> | <p>16</p> <p>Good Morning Sunnyside 10:00</p> <p>Resident Council 2:00</p> <p>BBQ 4:30</p> <p>Fire Pit 6:30</p> | <p>17</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p> | <p>18</p> <p>Coffee Time 10:00</p> <p>SDA Church Service 3:00</p> |
| <p>19</p> <p>Coffee Time 10:00</p> <p>Small Group Program 2:00</p> | <p>20</p> <p>Morning Stretches 10:00</p> <p>Table Games 2:00</p> <p>Movie 6:15</p> | <p>21</p> <p>Good Morning Sunnyside 10:00</p> <p>Bingo 2:00</p> <p>Sing Along 6:30</p> | <p>22</p> <p>Good Morning Sunnyside 10:00</p> <p>Catholic Mass 2:00</p> <p>Bingo 6:15</p> | <p>23</p> <p>Good Morning Sunnyside 10:00</p> <p>Resident Council 2:00</p> <p>BBQ 4:30</p> <p>Fire Pit 6:30</p> | <p>24</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p> | <p>25</p> <p>Coffee Time 10:00</p> <p>SDA Church Service 3:00</p> |
| <p>26</p> <p>Coffee Time 10:00</p> <p>Small Group Program 2:00</p> | <p>27</p> <p>Morning Stretches 10:00</p> <p>Table Games 2:00</p> <p>Movie 6:15</p> | <p>28</p> <p>Good Morning Sunnyside 10:00</p> <p>Bingo 2:00</p> <p>Sing Along 6:30</p> | <p>29</p> <p>Good Morning Sunnyside 10:00</p> <p>Patio Activities 2:00</p> <p>Bingo 6:15</p> | <p>30</p> <p>Good Morning Sunnyside 10:00</p> <p>Resident Council 2:00</p> <p>BBQ 4:30</p> <p>Fire Pit 6:30</p> | <p>31</p> <p>Fitness Fun 10:00</p> <p>Social 2:00</p> <p>Vespers 6:30</p> | |